

Media Contact:

Mary Huss
Saint Paul Winter Carnival
651-223-7408
651-261-9351 (cell)
mhuss@winter-carnival.com



22nd Running of the Securian 5K and Half Marathon
The Coolest Race on Earth

Saint Paul, Minnesota (January 18th, 2007) – Over 2,000 runners will brave the elements on Saturday, January 27th for this Winter Carnival annual race through Saint Paul. Moving to the first weekend of Carnival, this event will route participants down Shepard Road to East Mississippi River Road and back, with the start and finish at the Securian Headquarters on 6th and Jackson Streets in Downtown Saint Paul. The Half Marathon start time is 9:00 am, followed by the 5K at 9:15 am.

Pre-registration can be found at www.active.com, in store at Run N Run or by downloading a form at raceberryjam.com. Pre-registration for the Half Marathon is \$23.00 and the 5K is \$18.00. Race Day Registration is \$28.00 for the Half Marathon and \$23.00 for the 5K.

The 2007 Securian Frozen 5K and Half Marathon welcomes Saturn as the “Official Pace Car of the Frozen 5K and Half Marathon”.

For more information about the Securian 5K and Half Marathon or the Saint Paul Winter Carnival visit www.winter-carnival.com.

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